

Talk to your doctor or health care provider

Your doctor or health care provider may suggest exams or tests that Medicare doesn't cover. Your doctor or health care provider also may recommend that you have tests more or less often than Medicare covers them.

Talk to your doctor or health care provider to find out how often you need certain exams or tests to stay healthy.

Get test results

If you don't hear from your doctor or health care provider, call and ask for the results. Ask what the results mean for your care, and use that information to talk with your provider and make decisions. Don't assume the results are fine if you don't get them when expected.

Resources

For more information about Medicare preventive services, you can:

- Visit Medicare.gov.
- Visit Medicare.gov/publications to view the booklet, "Your Guide to Medicare's Preventive Services."
- Visit MyMedicare.gov to get direct access to your preventive health information.
- Call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.
- Call your State Health Insurance Assistance Program (SHIP). Visit shiptacenter.org, or call 1-800-MEDICARE for your SHIP's phone number.

The information in this publication was up-to-date when it was printed. Medicare coverage of preventive services may change at any time. Visit Medicare.gov for more information.

You have the right to get Medicare information in an accessible format. You also have the right to file a complaint if you feel you've been discriminated against. Visit CMS.gov/about-cms/agency-information/aboutwebsite/cmsnondiscriminationnotice.html, or call 1-800-MEDICARE for more information.

Questions to Ask about Medicare Preventive Services



Are you visiting your doctor or other health care provider? Be prepared with a list of questions you can take with you.



