

Talk to your doctor

Find out how often you need certain exams or tests to help you stay healthy. Your doctor or health care provider may suggest exams or tests that Medicare doesn't cover, or recommend that you have tests more or less often than Medicare covers them.

Get test results

If you don't hear from your doctor or health care provider after you've had a test, call and ask for the results. Ask what the results mean for your care, and use that information to talk with your provider and make decisions.

Resources

For more information about Medicare preventive services:

- Visit [Medicare.gov/coverage/preventive-screening-services](https://www.medicare.gov/coverage/preventive-screening-services)
- Visit [Medicare.gov/publications](https://www.medicare.gov/publications) to view the booklet, "Your Guide to Medicare's Preventive Services."
- Log into (or create) your secure Medicare account to get direct access to your preventive health information.
- Call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.
- Call your State Health Insurance Assistance Program (SHIP) for free health insurance counseling. Visit shiphelp.org, or call 1-800-MEDICARE for your SHIP's phone number.

You have the right to get Medicare information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against. Visit [Medicare.gov/about-us/nondiscrimination/accessibility-nondiscrimination.html](https://www.medicare.gov/about-us/nondiscrimination/accessibility-nondiscrimination.html), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.

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Questions to Ask About Medicare Preventive Services



Are you visiting your doctor or other health care provider? Prepare by taking a list of questions with you.



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CENTERS FOR MEDICARE & MEDICAID SERVICES

