



Medicare

Medicare helps cover diabetes supplies & services

Medical Insurance (Part B) covers:

- Diabetes self-management training
- Foot exams, foot treatment, and therapeutic shoes or inserts
- Glaucoma screenings
- Glucose monitors and supplies (like test strips and lancets)
- Hemoglobin A1C tests
- Insulin for patients using durable insulin pumps
- Medicare Diabetes Prevention Program
- Medical nutrition therapy services
- Screenings for people at risk for diabetes
- Certain shots (or vaccines) like flu, pneumococcal, and Hepatitis B

Drug coverage (part D) covers:

- Anti-diabetic drugs (including insulin)
- Certain supplies for insulin (like syringes, needles, alcohol swabs, gauze)
- Other adult vaccines recommended by the Advisory Committee on Immunization Practices (ACIP), like shingles, Respiratory Syncytial Virus (RSV), and tetanus

The cost of a one-month supply of each Part D- and Part B-covered insulin product is capped at \$35, and you don't have to pay a deductible for insulin. This means you'll generally pay no more than \$105 for a 3-month supply of covered insulin.

Things to ask your provider at your next visit:

- ☐ Am I eligible for the Medicare Diabetes Prevention Program?
- ☐ How do I sign up for diabetes self-management training?
- ☐ What kind of nutrition plan (or medical nutrition therapy services) do I need?
- ☐ Are there any shots (vaccines) I need to prevent illness?

Things to do at each visit:

- ☐ Go over your blood glucose readings
- ☐ Find out your hemoglobin A1C level
- ☐ Get your feet checked
- ☐ Get your weight and blood pressure checked

Things to get at least once a year:

- ☐ Yearly “Wellness” visit
- ☐ Flu shot
- ☐ An eye exam for diabetic retinopathy (a diabetes complication that affects eyes)
- ☐ A foot exam (including a check of your circulation and nerves)

Note: Your doctor or other health care provider may recommend you get other services, like cholesterol and lipid tests, more often than Medicare covers them. Or, they may recommend services that Medicare doesn’t cover. Make sure you understand why your doctor recommends certain services and if Medicare will help pay for them.

Talk to your doctor or other health care provider any time you have questions or concerns about diabetes.

For more information about Medicare coverage of diabetes, visit [Medicare.gov/coverage](https://www.medicare.gov/coverage) or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Visit [medlineplus.gov/diabetes.html](https://www.medlineplus.gov/diabetes.html) for more information to help you manage your diabetes.



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You have the right to get Medicare information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you’ve been discriminated against. Visit [Medicare.gov/about-us/accessibility-nondiscrimination-notice](https://www.medicare.gov/about-us/accessibility-nondiscrimination-notice), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.

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