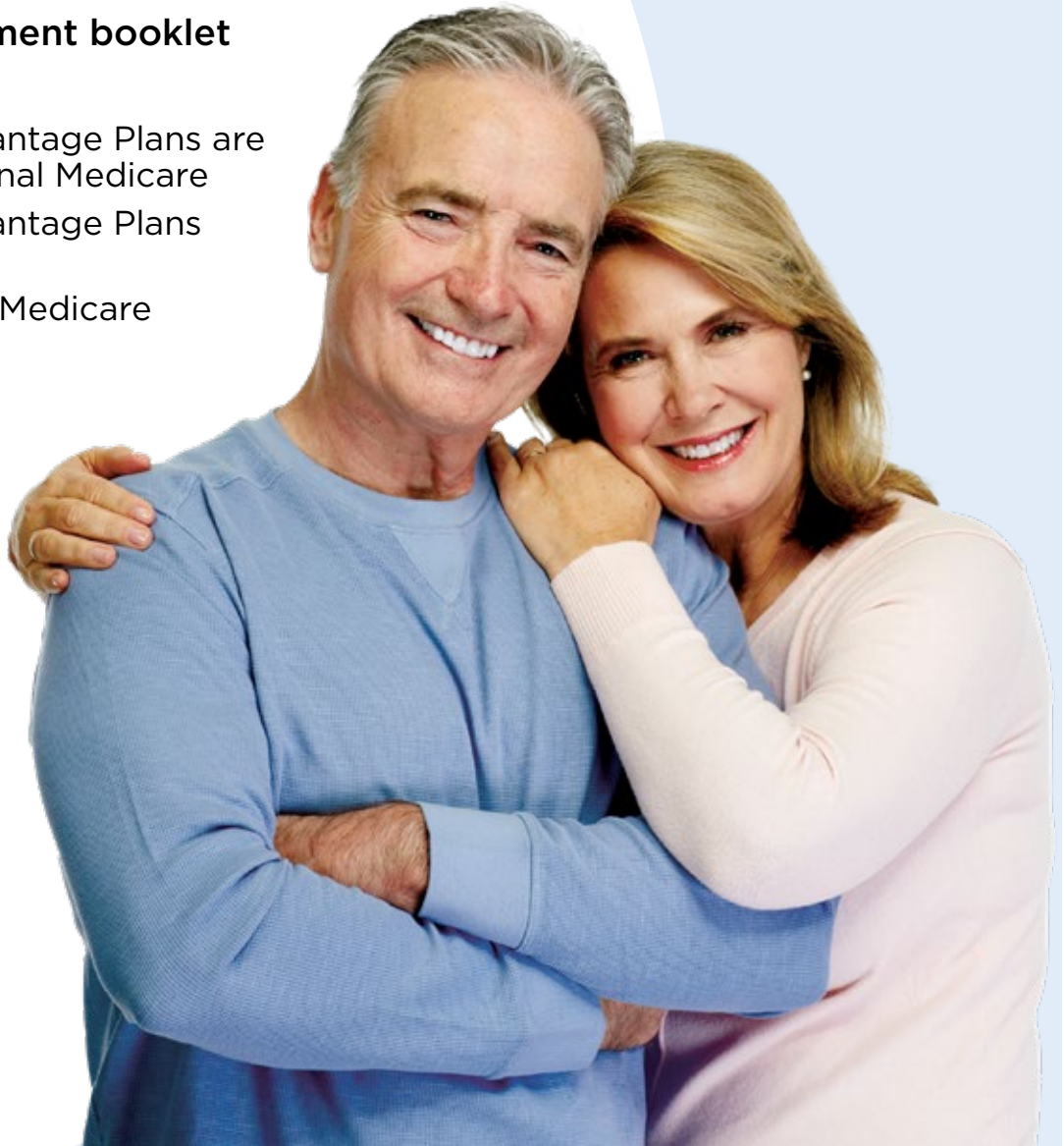


Understanding Medicare Advantage Plans

This official government booklet
tells you:

- How Medicare Advantage Plans are different from Original Medicare
- How Medicare Advantage Plans work
- How you can join a Medicare Advantage Plan

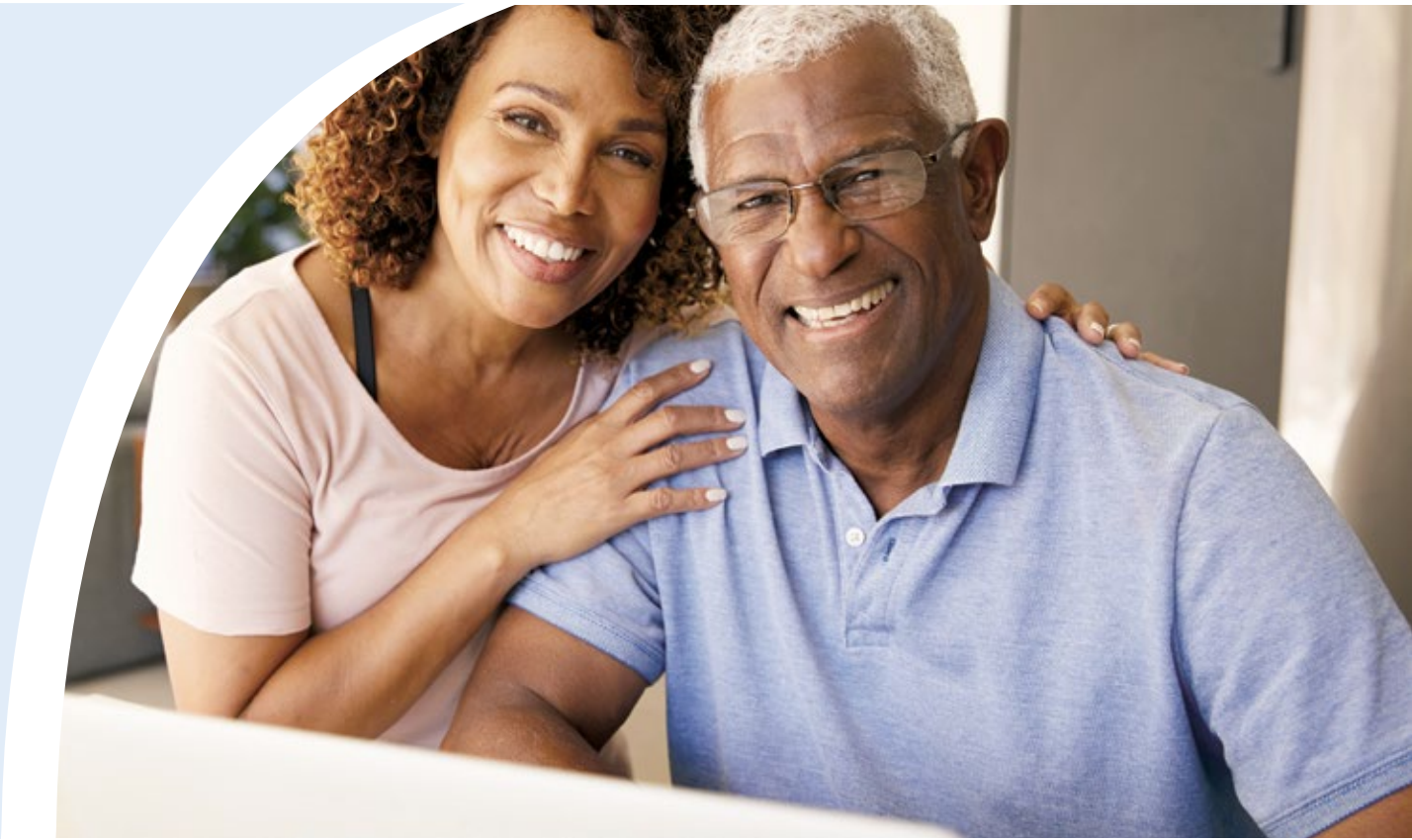
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Medicare

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Section 1:

Medicare Coverage Options

When you first sign up for Medicare and during certain times of the year, you can choose how you get your Medicare coverage.

There are 2 main ways to get Medicare:

- **Original Medicare** includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance). After you pay a deductible, Medicare pays its share of the Medicare-approved amount, and you pay your share (coinsurance). If you want Medicare drug coverage (Part D), you can join a separate Medicare drug plan.
- **Medicare Advantage (also known as “Part C”)** is a Medicare-approved plan from a private company that offers an alternative to Original Medicare for your health coverage. These “bundled” plans include Part A, Part B, and usually Part D. Plans may offer some extra benefits that Original Medicare doesn’t.

Your decision about how to get Medicare affects how much you pay for coverage, what services you get, and what doctors you can use.

What are the differences between Original Medicare and Medicare Advantage?

Original Medicare

- Original Medicare includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).
- You can join a separate Medicare drug plan to get Medicare drug coverage (Part D).
- You can use any doctor or hospital that takes Medicare, anywhere in the U.S.
- You can also shop for and buy supplemental coverage that helps pay your out-of-pocket costs (like your 20% coinsurance).

Part A



Part B



You can add:

Part D



You can also add:

Supplemental coverage



It can help pay some costs that Original Medicare doesn't. This includes Medicare Supplement Insurance (Medigap). Or you can use coverage from a current or former employer or union, or Medicaid (if you have it).

Medicare Advantage (also known as Part C)

- Medicare Advantage is an alternative to Original Medicare for your health and drug needs. You get benefits through a private health plan that Medicare approved. These "bundled" plans include Part A, Part B, and usually Part D.
- You may need to use doctors in its network and get approval for certain drugs or services.
- Usually have different out-of-pocket costs than Original Medicare, including a limit on out-of-pocket costs so you don't need to buy supplemental coverage like Medigap.
- Most plans offer extra benefits that Original Medicare doesn't cover—like vision, hearing, dental, and more.

Part A



Part B



Most plans include:

Part D



Some extra benefits

At a glance: Original Medicare vs. Medicare Advantage Plan

Doctor & hospital choice	
Original Medicare	Medicare Advantage (Part C)
<p>You can use any doctor or hospital that takes Medicare, anywhere in the U.S.*</p> <p>* Includes the 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, the Northern Mariana Islands, and American Samoa.</p>	<p>You may need to use doctors and other providers who are in the plan's network and service area (for non-emergency care). Some plans offer non-emergency coverage out of network, but typically at a higher cost.</p>
<p>In most cases, you don't need a referral to use a specialist.</p>	<p>You may need to get a referral to use a specialist.</p>

Cost	
Original Medicare	Medicare Advantage (Part C)
<p>For Part B-covered services, you usually pay 20% of the Medicare-approved amount after you meet your deductible. This amount is called your coinsurance.</p>	<p>Out-of-pocket costs vary. Plans may have different out-of-pocket costs for certain services.</p>
<p>You pay the monthly premium for Part B. If you choose to join a Medicare drug plan, you'll usually pay a separate premium for your Medicare drug coverage (Part D).</p>	<p>You pay the monthly Part B premium and may also have to pay the plan's premium. Some plans may have a \$0 premium and may help pay all or part of your Part B premium. Most plans include Medicare drug coverage (Part D).</p>
<p>There's no yearly limit on what you pay out of pocket, unless you have supplemental coverage—like Medicare Supplement Insurance (Medigap), Medicaid, employer, retiree, or union coverage.</p>	<p>Plans have a yearly limit on what you pay for covered Part A and Part B services (which may include different limits for in-network and out-of-network services). Once you reach your plan's limit, you'll pay nothing for covered services for the rest of the year.</p>
<p>You can choose to buy Medigap to help pay your out-of-pocket costs that Medicare doesn't cover (like your 20% coinsurance). Or, you can use coverage from a current or former employer or union, or Medicaid (if you qualify).</p>	<p>You can't buy Medigap to cover your out-of-pocket costs. However, you may be able to use coverage from a current or former employer or union, or Medicaid (if you qualify).</p>

At a glance: Original Medicare vs. Medicare Advantage Plan

Coverage	
Original Medicare	Medicare Advantage (Part C)
Original Medicare covers most medically necessary services and items in hospitals, doctors' offices, and other health care facilities. Original Medicare doesn't cover some services, like routine physical exams, eye exams, and most dental care.	Plans must cover all medically necessary services that Original Medicare covers. Plans may also offer extra benefits that Original Medicare doesn't .
In most cases, you don't need approval (prior authorization) for Original Medicare to cover your services or items.	You may need to get approval (prior authorization) from your plan before it covers certain services or items.
You can join a separate Medicare drug plan to get Medicare drug coverage (Part D).	Most Medicare Advantage Plans include Part D and you don't need to join a separate Medicare drug plan.

Foreign Travel	
Original Medicare	Medicare Advantage (Part C)
Original Medicare generally doesn't cover medical care outside the U.S. You may be able to buy a Medicare Supplement Insurance (Medigap) policy that covers emergency care outside the U.S.	Plans generally don't cover medical care outside the U.S. Some plans may offer an extra benefit that covers emergency and urgently needed services when traveling outside the U.S.

What if I have a Medicare Supplement Insurance (Medigap) policy?

Medicare Supplement Insurance (Medigap) is extra insurance you can buy from a private health insurance company to help pay your share of out-of-pocket costs in Original Medicare.

If you're in a Medicare Advantage Plan, it's illegal for anyone to sell you a Medigap policy unless you're switching back to Original Medicare. If you aren't planning to drop your Medicare Advantage Plan, and someone tries to sell you a Medigap policy, report it to your State Insurance Department. To locate your Insurance Department, visit [Content.naic.org/state-insurance-departments](https://content.naic.org/state-insurance-departments). If you have a Medigap policy and join a Medicare Advantage Plan, you may want to drop your Medigap policy. You can't use Medigap to pay your Medicare Advantage Plan copayments, coinsurance, deductibles, and premiums.

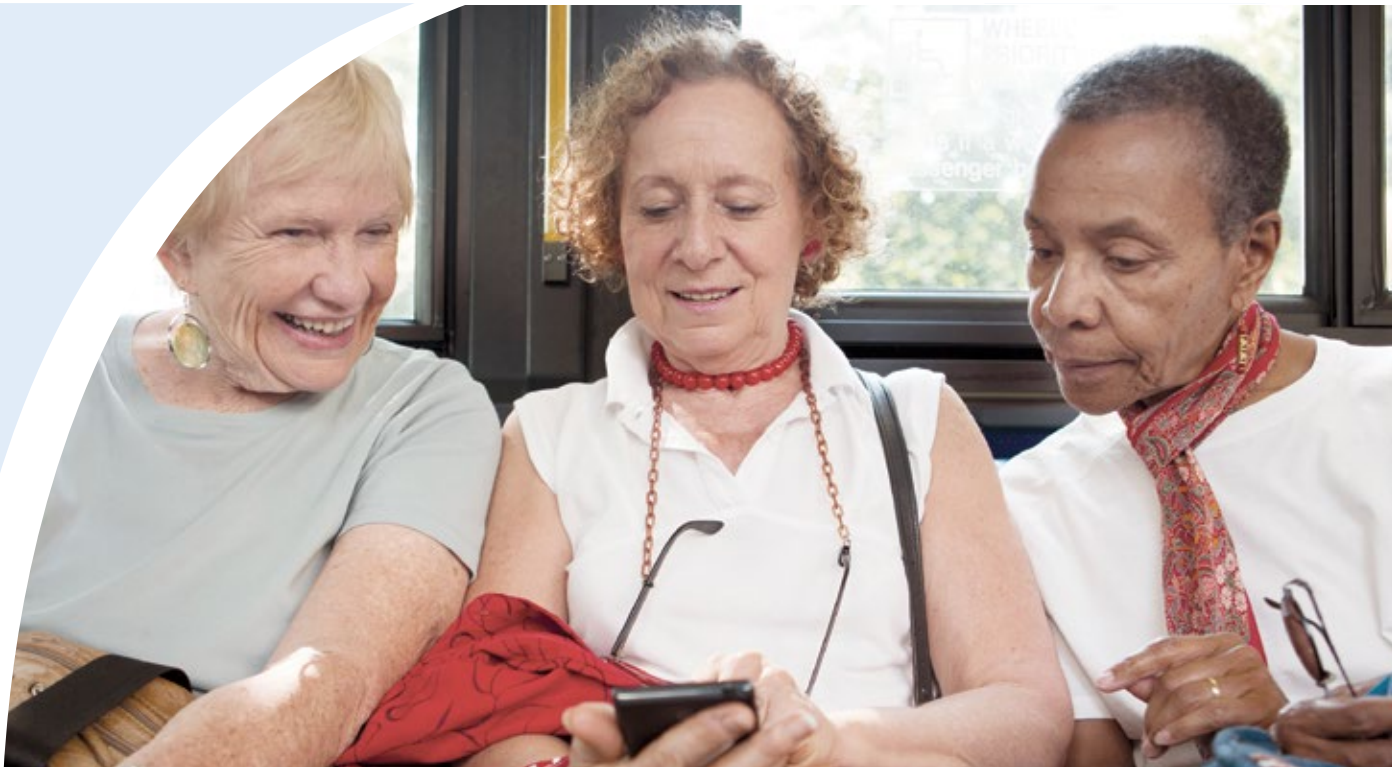
Trial right to buy Medigap

If you join a Medicare Advantage Plan for the first time and you aren't happy with the plan, you have a "trial right" under federal law to buy a Medigap policy and a separate Medicare drug plan if you return to Original Medicare within 12 months of joining the Medicare Advantage Plan.

- If you had a Medigap policy before you joined a Medicare Advantage Plan and you've had the Medicare Advantage Plan for less than a year, you may be able to get the same Medigap policy back if the company still sells it. If it isn't available, you can buy another available Medigap policy that's sold by an insurance company in your state.
- Some states provide additional special rights to buy a Medigap policy. Check with your State Insurance Department for more information.

If you want to cancel your Medigap policy, contact your Medigap insurance company. In most cases, if you drop your Medigap policy to join a Medicare Advantage Plan, **you may not be able to get the same policy back. In some cases, you may not be able to get any Medigap policy unless you leave your Medicare Advantage Plan during your trial period.**

Medigap plans sold to people who are new to Medicare on or after January 1, 2020, aren't allowed to cover the Part B deductible. For more information about Medigap, visit [Medicare.gov/health-drug-plans/medigap](https://www.medicare.gov/health-drug-plans/medigap) or read the booklet "Choosing a Medigap Policy" at [Medicare.gov/publications](https://www.medicare.gov/publications).



Section 2:

About Medicare Advantage Plans

What are Medicare Advantage Plans?

Medicare Advantage Plans are another way to get your Medicare Part A and Part B coverage. Medicare Advantage Plans, sometimes called “Part C” or “MA Plans,” are Medicare-approved plans. They’re offered by private companies that must follow rules set by Medicare. Most Medicare Advantage Plans include drug coverage (Part D). There are several types of Medicare Advantage Plans (go to page 14 for more information). Each of these Medicare Advantage Plan types has special rules about how you get your Medicare-covered Part A and Part B services and any supplemental benefits your plan covers.

If you join a Medicare Advantage Plan you’ll still have Medicare, but you’ll get most of your Part A and Part B coverage from your Medicare Advantage Plan, not Original Medicare. You’ll have the same rights and protections you would have under Original Medicare.

You must use the card from your Medicare Advantage Plan to get your Medicare-covered services. Keep your red, white, and blue Medicare card in a safe place because you may need to show your Medicare card for some services. Also, you'll need it if you ever switch back to Original Medicare.

What do Medicare Advantage Plans cover?

Medicare Advantage Plans give almost all of your Part A and Part B benefits, including most new benefits that come from laws or Medicare policy decisions. If you're in a Medicare Advantage Plan, Original Medicare will still help cover your costs for hospice care, some costs of clinical trials, and benefits that come from laws or Medicare policy decisions that the plan doesn't cover.

With a Medicare Advantage Plan, you may have coverage for things Original Medicare doesn't cover, like fitness programs (gym memberships or discounts) and some vision, hearing, and dental services (like routine checkups or cleanings). Plans also have a yearly limit on your out-of-pocket costs for all Part A- and Part B-covered services. Once you reach this limit, you'll pay nothing for Part A and Part B-covered services.

How do Medicare Advantage Plans work?

When you join a Medicare Advantage Plan, Medicare pays a fixed amount for your coverage each month to the private company offering your Medicare Advantage Plan. However, each Medicare Advantage Plan can charge different out-of-pocket costs and have different rules for how you get services (like whether you need a referral to use a specialist or whether you have to go to doctors, facilities, or suppliers that belong to the plan's network for non-emergency or non-urgent care). These costs and rules can change each year. The plan must notify you about any changes before the start of Open Enrollment for the next year through the Annual Notice of Change. These notices are typically mailed to you before September 30 (Open Enrollment is October 15 – December 7 every year). You can also choose to switch Medicare Advantage Plans during this time for the upcoming year. Page 11 includes more information about when you can join or switch plans.

Medicare drug coverage (Part D)

Most Medicare Advantage Plans include Medicare drug coverage (Part D). In certain types of plans that don't include Medicare drug coverage (like Medical Savings Account (MSA) plans and some Private Fee-for-Service (PFFS) plans), you can join a separate Medicare drug plan.

However, if you join a Health Maintenance Organization (HMO) or Preferred Provider Organization (PPO) plan without drug coverage, you can't join a separate Medicare drug plan. Go to page 15 for more information.

Note: If you're in a plan that doesn't offer drug coverage, and you don't have a Medicare drug plan or other creditable prescription drug coverage, you may have to pay a late enrollment penalty if you decide to get Medicare drug coverage later. Visit [Medicare.gov/basics/costs/medicare-costs/avoid-penalties](https://www.medicare.gov/basics/costs/medicare-costs/avoid-penalties) to learn more about the Part D late enrollment penalty.

What are my costs?

Each year, Medicare Advantage Plans set the amount you must pay for premiums, deductibles, services, items, and drugs. The plan (rather than Medicare) decides how much you pay for the covered drugs, items, and services you get.

In certain situations, Medicare Advantage Plans with drug coverage are allowed to make changes to their drug list (formulary) during the plan year, which could affect the cost you pay for a certain drug. However, Medicare Advantage Plans can only change what you pay once a year, on January 1. You still have to pay the Part B premium. Most people pay the standard Part B premium amount every month. To get this year's standard Part B premium, visit [Medicare.gov/basics/costs/medicare-costs](https://www.medicare.gov/basics/costs/medicare-costs).

When calculating your out-of-pocket costs in a Medicare Advantage Plan, in addition to your premium, deductible, copayments, and coinsurance, consider:

- The type of health care services you need and how often you get them.
- Whether your doctors and/or suppliers are in the plan's network.
- If you're in a PPO, PFFS, or MSA Plan, whether your doctor or supplier is out of your plan network, but accepts assignment. Assignment means that your doctor, provider, or supplier agrees (or is required by law) to accept the Medicare-approved amount as full payment for services Medicare covers.
- Whether you may need to get approval (prior authorization) from your plan before it covers certain services.
- Whether the plan offers extra benefits (in addition to Original Medicare benefits) and if you're likely eligible and/or need to pay extra to get them.
- Whether you have Medicaid or get help from your state through a Medicare Savings Program to pay your Medicare costs. Each type of coverage is called a "payer." When there's more than one payer, "coordination of benefits" rules decide who pays first.
- The maximum out-of-pocket limit set by your plan, including any maximum out-of-pocket limits for out-of-network services.

What's the difference between a coinsurance, a copayment, a deductible, and a maximum out-of-pocket limit?

Coinsurance: An amount you may be required to pay as your share of the cost for benefits after you pay any deductibles. Coinsurance is usually a percentage (for example, 20%).

Copayment: An amount you may be required to pay as your share of the cost for benefits after you pay any deductibles. A copayment is a fixed amount, like \$30.

Deductible: The amount you must pay for health care or prescriptions before Original Medicare, your Medicare Advantage Plan, your Medicare drug plan, or your other insurance begins to pay.

Maximum Out-of-Pocket Limit: A yearly limit on what you pay out-of-pocket for Part A and Part B covered services. Once you reach your plan's limit, you'll pay nothing for Part A and Part B services the plan covers for the rest of the year.

More cost details from each plan

If you join a Medicare Advantage Plan, review these notices you get from your plan each year:

- **Annual Notice of Change:** Includes any changes in coverage, costs, provider networks, service area, and more that will be effective in January. Your plan will send you a printed copy by September 30.
- **Evidence of Coverage:** Gives you details about what the plan covers, how much you pay, and more. Your plan will send you a notice (or printed copy) by October 15. It will include information on how to get the Evidence of Coverage electronically or by mail.

Network: Facilities, providers, and suppliers that have a contract with your plan to provide services (for non-emergency care). In some plans, you must get non-emergency care within their network. Others offer non-emergency coverage out of network, but typically at a higher cost.

Organization determination: A decision you, your representative, or your doctor can ask for, which tells you whether a service, item, or drug will be covered, or how much you'll have to pay.

A representative is someone you can appoint to help you. Your representative can be a family member, friend, advocate, attorney, financial advisor, doctor, or someone else who will act on your behalf.

Based on your health needs, you, your representative, or your doctor can ask for a fast decision on your organization determination. If your plan denies coverage, they must tell you in writing. You have the right to appeal. For more information on filing an appeal, visit [Medicare.gov/providers-services/claims-appeals-complaints/appeals](https://www.medicare.gov/providers-services/claims-appeals-complaints/appeals).

Plan-directed care: If an in-network provider refers you for a service or to a provider outside the network, but doesn't get an organization determination in advance, **this is called "plan-directed care."** In most cases, you won't have to pay more than the plan's usual cost sharing. Check with your plan for more information about this protection.

Prior authorization: A decision you or your provider can get, either spoken or in writing, from your plan in advance to find out if it covers a service, item, or drug. If your plan doesn't approve the request for prior authorization, you may have to pay the full cost of the service, item, or drug.

Who can join a Medicare Advantage Plan?

To join a Medicare Advantage Plan, you must:

- Have Part A and Part B.
- Live in the plan's service area.
- Be a U.S. citizen or lawfully present in the U.S.

What if I have a pre-existing condition?

You can join a Medicare Advantage Plan even if you have a pre-existing condition.

What if I have End-Stage Renal Disease (ESRD)?

You can join a Medicare Advantage Plan even if you have ESRD. In many Medicare Advantage Plans, you can only use health care providers who are in the plan's network and service area. Before you join, you may want to check with your providers and the plan you're considering to make sure the providers you currently use (like your dialysis facility or kidney doctor), or want to use in the future (like a transplant specialist), are in the plan's network. If you're already in a Medicare Advantage Plan, check with your providers to make sure they'll still be part of the new plan's network. Read the plan materials or contact the plan you're considering for more information.

What if I have other coverage?

Talk to your employer, union, or other benefits administrator about their rules before you join a Medicare Advantage Plan. In some cases, joining a Medicare Advantage Plan might cause you to lose your employer or union coverage for yourself, your spouse, and your dependents, and you may not be able to get it back. In other cases, if you join a Medicare Advantage Plan, you may still be able to use your employer or union coverage along with the Medicare Advantage Plan you join. Your employer or union may also offer a Medicare Advantage retiree health plan that they sponsor. You can only be in one Medicare Advantage Plan at a time.

When can I join, switch, or drop a Medicare Advantage Plan?

You can only join, switch, or drop a Medicare Advantage Plan during these enrollment periods:

Open Enrollment Period: Between October 15 and December 7 each year, anyone with Medicare can join, switch, or drop a Medicare Advantage Plan. Your coverage will begin on January 1 of the following year (as long as the plan gets your request by December 7).

Medicare Advantage Open Enrollment Period: Between January 1 and March 31 of each year, if you already have a Medicare Advantage Plan (with or without drug coverage) you can:

- Switch to another Medicare Advantage Plan (with or without drug coverage).
- Drop your Medicare Advantage Plan and return to Original Medicare. You can also join a separate Medicare drug plan.

During the Medicare Advantage Open Enrollment Period, if you have Original Medicare you **can't**:

- Switch to a Medicare Advantage Plan.
- Join a Medicare drug plan.
- Switch from one Medicare drug plan to another.

You can only make one change during the Medicare Advantage Open Enrollment Period, and any change you make will be effective the first of the month after the plan gets your request. If you're returning to Original Medicare and joining a separate Medicare drug plan, you don't need to contact your Medicare Advantage Plan to disenroll. The disenrollment will happen automatically when you join the drug plan.

Initial Enrollment Period: When you first become eligible for Medicare, you can join a Medicare Advantage Plan (if you have both Part A and Part B) during your Initial Enrollment Period. For many, this is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

If you sign up for Medicare during the first 3 months of your Initial Enrollment Period, in most cases, your coverage starts the first day of the month you turn 65. However, if your birthday is on the first day of the month, your coverage will start the first day of the prior month.

If you join a Medicare Advantage Plan the month you turn 65, your coverage will start the first day of the month after you sign up.

If you sign up during the last 3 months of your Initial Enrollment Period, your coverage will start the first day of the month after you sign up.

Switching to another plan during your Initial Enrollment Period

If you join a Medicare Advantage Plan during your Initial Enrollment Period, you can change to another Medicare Advantage Plan (with or without drug coverage) or switch to Original Medicare (with or without a separate Medicare drug plan) within the first 3 months you have Medicare.

If you have Part A coverage and you get Part B for the first time between January 1 and March 31 (called a “General Enrollment Period”), you can also join a Medicare Advantage Plan. Your coverage will start the first day of the month after you sign up.

If you’re under 65 and have a disability, you’ll automatically get Part A and Part B after you get disability benefits from Social Security or certain disability benefits from the Railroad Retirement Board for 24 months.

Special Enrollment Period: In most cases, if you join a Medicare Advantage Plan, you must keep it for the calendar year starting the date your coverage begins. However, in certain situations, like if you move out of your plan’s service area, you want to join a plan in your area with a 5-star rating, or you lose other insurance coverage, you may be able to join, switch, or drop a Medicare Advantage Plan during a Special Enrollment Period. Visit [Medicare.gov/special-enrollment-periods](https://www.medicare.gov/special-enrollment-periods) or check with your plan for more information.

You may also qualify for a Special Enrollment Period to join a Medicare Advantage Plan if you signed up for premium-Part A and/or Part B during a Special Enrollment Period, where an exceptional situation caused you to miss an earlier opportunity to sign up for Medicare. Visit [SSA.gov/medicare/sign-up](https://www.ssa.gov/medicare/sign-up) for more information on signing up for Medicare Part A and/or Part B.

How can I join a Medicare Advantage Plan?

Not all Medicare Advantage Plans work the same way. Before you join, you can find and compare Medicare Advantage Plans in your area by visiting [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) or calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048. Once you understand the plan’s rules and costs, you can join by:

- Visiting [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) and searching by ZIP code to find a plan and join. You can also log in to your secure Medicare.gov account and add your prescriptions and pharmacies to help you compare plans in your area. If you have questions about a plan, select “Plan Details” on the search results page to get the plan’s contact information.

- Calling the plan you want to join, or visiting the plan's website to find out if you can join online.
- Filling out a paper enrollment form. Contact the plan to get an enrollment form, fill it out, and return it to the plan. All plans must offer this option.
- Calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

When you're ready to join a Medicare Advantage Plan, you'll need this information from your Medicare card:

- Your Medicare Number
- The date your Medicare Part A and/or Part B coverage started

Remember, when you join a Medicare Advantage Plan, in most cases, **you must use the card from your Medicare Advantage Plan** to get your Medicare-covered services. For some services (like hospice care), you may need to show your red, white, and blue Medicare card.



Section 3:

Types of Medicare Advantage Plans

There are different types of Medicare Advantage Plans:

- Health Maintenance Organization (HMO) Plan: Go to page 15.
- HMO Point-of-Service (HMOPOS) Plan: Go to page 15.
- Preferred Provider Organization (PPO) Plan: Go to page 15.
- Private Fee-for-Service (PFFS) Plan: Go to page 16.
- Special Needs Plan (SNPs): Go to page 17.
- Medical Savings Account (MSA) Plan: Go to page 19.

The area where you live might have all, some, or none of these plan types available, and multiple plans of the same type might be available in your area. To find available Medicare Advantage Plans, visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare), read your “Medicare & You” handbook, or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Health Maintenance Organization (HMO) Plan

A type of Medicare Advantage Plan that generally gives health care coverage exclusively from doctors, other health care providers, or hospitals in the plan's network (except emergency care, out-of-area urgent care, or temporary out-of-area dialysis). A network is a group of doctors, hospitals, and medical facilities that contract with a plan to give services. Many HMOs also require you to get a referral from your primary care doctor for specialist care, so that your care is coordinated.

Can I get my health care from any doctor, other health care provider, or hospital?

No. You generally must get your care and services from doctors, other health care providers, or hospitals in the plan's network (except for emergency care, out-of-area urgent care, or temporary out-of-area dialysis, which is covered whether it's given in the plan's network or outside the plan's network). **Some HMO plans (known as HMO Point-of-Service (HMOPOS) plans) offer an out-of-network benefit for some or all covered benefits, but you'll usually pay a higher copayment or coinsurance.**

If you get non-emergency health care outside the plan's network without authorization, you may have to pay the full cost. It's important that you follow the plan's rules, like getting prior approval (prior authorization) for a certain service when needed. In most cases, you need to choose a primary care doctor. Certain services, like yearly screening mammograms, don't require a referral. If your doctor or other health care provider leaves the plan's network, your plan must notify you. You will need to choose another doctor in the plan's network.

Do these plans cover prescription drugs?

In most cases, yes. If you're planning to join an HMO and want Medicare drug coverage (Part D), you must join an HMO Plan that offers Medicare drug coverage. If you join an HMO Plan without drug coverage, you can't join a separate Medicare drug plan.

Preferred Provider Organization (PPO) Plan

A type of Medicare Advantage Plan that has a network of doctors, specialists, hospitals, and other health care providers you can use. You pay less if you go to providers and facilities that are in the plan's network. You can generally go to out-of-network providers for covered services, but you'll usually pay more.

Can I get my health care from any doctor, other health care provider, or hospital?

Yes. You can also use out-of-network providers for covered services, usually for a higher cost, if the provider agrees to treat you and hasn't opted out of Medicare (for Medicare Part A and Part B items and services). You're always covered for emergency and urgent care.

Before you get services from an out-of-network provider, you may want to ask for an organization determination from your plan to make sure that the services are medically necessary and your plan covers them. Go to page 9 for more information on organization determinations.

Do these plans cover prescription drugs?

In most cases, yes. If you're planning to join a PPO Plan and you want Medicare drug coverage (Part D), you must join a PPO Plan that offers Medicare drug coverage. If you join a PPO Plan without drug coverage, you can't join a separate Medicare drug plan.

Private Fee-for-Service (PFFS) Plan

A type of Medicare Advantage Plan offered by a private health insurance company that determines how much it will pay doctors, other health care providers, and hospitals, and how much you must pay when you get care.

Can I get my health care from any doctor, other health care provider, or hospital?

You can go to any Medicare-approved doctor, other health care provider, or hospital that accepts the plan's payment terms, agrees to treat you, and hasn't opted out of Medicare (for Medicare Part A and Part B items and services).

If you join a PFFS Plan that has a network, you can also use any of the network providers who have agreed to treat plan members. You don't need to get prior approval (prior authorization) for Medicare Part A and B items and services. You can also choose an out-of-network doctor, hospital, or other provider who accepts the plan's terms, but you may pay more. Typically, your insurance plan ID card tells your provider that you belong to a PFFS Plan.

If your provider doesn't agree to the plan's terms and conditions of payment, the plan is only required to pay them for emergency services, urgently needed services, and out-of-area dialysis. For other covered services, you'll need to find another provider that will accept your PFFS Plan.

Note: A PFFS Plan may also allow "balance billing," which means that a provider can charge up to 15% more than the amount Medicare pays, and bill you for that amount.

If your plan allows balance billing, you may have to pay both the plan's copayment or coinsurance and the difference between what the provider charged and the amount Medicare pays.

Do these plans cover prescription drugs?

Sometimes. If your PFFS Plan doesn't offer Medicare drug coverage, you can join a separate Medicare drug plan to get Medicare drug coverage (Part D).

Special Needs Plan (SNP)

Special Needs Plans give benefits and services to people with specific severe or chronic diseases, certain health care needs, or who have Medicaid coverage. You may qualify for an SNP if you have Medicare Parts A and Part B, live in the plan's service area, and meet the eligibility requirements for one of the following 3 types of SNPs (or a subset of one of these groups):

- **Chronic condition SNP (or C-SNP):** You have one or more specific severe or disabling chronic conditions like:
 - Cancer
 - Certain autoimmune disorders
 - Certain cardiovascular disorders
 - Certain chronic and disabling mental health conditions
 - Certain chronic gastrointestinal diseases
 - Certain chronic lung disorders
 - Certain neurological disorders
 - Certain severe hematological disorders
 - Chronic alcohol use disorder and other substance use disorders
 - Chronic heart failure
 - Chronic kidney disease and End-Stage Renal Disease (ESRD)
 - Dementia
 - Diabetes mellitus
 - HIV/AIDS
 - Stroke
- **Institutional SNP (or I-SNP):** You live in the community but need the level of care a facility offers, or if you live (or are expected to live) for at least 90 days straight in a facility like a:
 - Intermediate care facility
 - Long-term care hospital
 - Nursing facility
 - Psychiatric hospital
 - Rehabilitation hospital
 - Skilled nursing facility
 - Swing bed hospital
 - Other facility that offers similar long-term health care services, and whose residents have similar needs and health care status as residents of the facilities listed above

- **Dual Eligible SNP (or D-SNP):** You're eligible for both Medicare and Medicaid. D-SNPs contract with your state Medicaid program to help coordinate your Medicare and Medicaid benefits. Some D-SNPs, called "integrated D-SNPs," combine both your Medicare benefits and most or all of your Medicaid benefits and services through a single plan. There are different types of integrated D-SNPs, but all of them must:
 - Give you one member ID card that works for both your Medicare and Medicaid coverage.
 - Offer a single health risk assessment that covers both programs.
 - Provide you with a care coordinator or case manager to help manage your health care and develop a personal care plan (a customized plan that covers your medical and social needs, health goals, and coordination of your care).
 - Have one appeals and grievance process that lets you file a complaint or appeal with your plan for any issue related to your Medicare or Medicaid coverage.

Plan availability varies by:

- Geographic location (state and county).
- Which SNP types or chronic conditions the plan covers.
- Enrollment periods and other requirements.

You can only stay enrolled in an SNP if you continue to meet the special eligibility rules for the SNP.

SNPs are either PPO, HMO, or HMOPOS plan types, and cover the same Medicare Part A and Part B services that all Medicare Advantage Plans cover. SNPs also include care coordination services and tailor their benefits, provider choices, and list of drugs they cover (formularies) to best meet the specific needs of the groups they serve. However, SNPs might also cover extra services tailored to the special groups they serve. For example, if you have a severe or chronic condition, like cancer or chronic heart failure, and you require a hospital stay, a SNP may cover extra days in the hospital.

Can I get my health care from any doctor, other health care provider, or hospital?

If your SNP is also an HMO, you generally must get your care and services from doctors, other health care providers, or hospitals in the plan's network (except for emergency care, out-of-area urgent care, or out-of-area dialysis). You may be required to have a primary care doctor.

However, if your SNP is also a PPO, then you may get services from any qualified provider or hospital, but usually at a higher cost than you would pay for services from a network provider.

SNPs typically have specialists in the diseases or conditions that affect their members. Both HMO and PPO SNPs may require you to have a care coordinator to help with your health care. A care coordinator is someone who helps make sure people get the right care and information. For example, a care coordinator with a SNP for people with diabetes might help members monitor their blood sugar and follow their diet.

Do these plans cover prescription drugs?

Yes. All SNPs must include Medicare drug coverage (Part D).

Medicare Medical Savings Account (MSA) Plan

Medicare Medical Savings Account (MSA) Plans combine a high-deductible insurance plan with a medical savings account:

1. **High-deductible health plan:** The first part of an MSA Plan is a special type of high-deductible Medicare Advantage Plan. The plan will only begin to cover your costs once you meet a high yearly deductible, which varies by plan.
2. **Medical savings account:** The second part of an MSA is a special type of savings account. The MSA Plan deposits money into your account that you can use to pay for your health care costs.

Who can't join an MSA Plan?

You can't join an MSA Plan if:

- You have health coverage that would cover all or part of the plan's deductible.
- You joined another Medicare Advantage Plan. You'll need to disenroll from your current plan before you can join an MSA Plan.
- You get benefits from the U.S. Department of Defense (TRICARE) or the U.S. Department of Veterans Affairs (VA).
- You're a retired federal government employee who is enrolled in a plan through the Federal Employees Health Benefits Program (FEHBP).
- You're eligible for Medicaid.
- You're currently getting hospice care.
- You live outside the U.S. more than 183 (total) days a year.

If you're interested in joining a particular MSA Plan, you'll need to contact the plan to join. The plan will tell you how to set up your medical savings account with a bank that the plan selects. You must set up this account before you can join the plan. After you join, you'll get a letter from the plan telling you when your coverage begins. Once you join and have MSA coverage:

- Medicare gives the plan an amount of money each year for your health care.
- The plan deposits money into your account each year on your behalf. You can't deposit your own money.
- You can use the money in your account to pay for health care costs, including health care costs that aren't covered by Medicare.

- If you use all the money in your account and you have more health care costs, you'll have to pay for your Medicare-covered services out-of-pocket until you reach your plan's deductible.
- During the time you're paying out-of-pocket for services before the deductible is met, doctors and other providers can't charge you more than the Medicare-approved amount.
- Your payments for Medicare-covered Part A and Part B services count toward your plan's deductible. After you reach your deductible, your plan will cover your Medicare-covered services.
- Money left in your account at the end of the year stays in the account and may be used for health care costs in future years. If you stay with the same MSA Plan the following year, the new deposit will be added to any leftover amount.

MSA plans and your taxes

If you use funds from your account, when you file your income taxes you must include IRS Form 8853 with information on how you used the money in your medical savings account.

Each year, you should get a 1099-SA form from your bank that includes all of the withdrawals from your account. You'll need to show that you've had Qualified Medical Expenses equal to at least this amount, or you may have to pay taxes and other penalties.

Visit [IRS.gov/forms-pubs/about-publication-969](https://www.irs.gov/forms-pubs/about-publication-969) to get more tax information related to MSA plans, like a list of Qualified Medical Expenses.

If you have one, talk to your personal financial advisor about how choosing an MSA Plan could affect your financial situation.

Can I get my health care from any doctor, other health care provider, or hospital?

Yes. You can go to any Medicare-approved doctor, other health care provider, or hospital that agrees to treat you and hasn't opted out of Medicare (for Medicare Part A and Part B items and services). MSA Plans usually don't have a network of doctors, other health care providers, or hospitals.

Do these plans cover prescription drugs?

No. If you join a Medicare MSA Plan and want Medicare drug coverage (Part D), you'll have to join a separate Medicare drug plan.

Compare types of Medicare Advantage Plans

The chart below shows basic information about each type of Medicare Advantage Plan.

Questions	HMO Health Maintenance Organizations	PPO Preferred Provider Organizations	PFFS Private Fee-for-Service Plans	SNP Special Needs Plans	MSA Medical Savings Accounts
<p>Premium</p> <p>Do most plans charge a monthly premium?</p>	<p>Yes</p> <p>Many charge a premium in addition to the monthly Part B premium.</p>	<p>Yes</p> <p>Many charge a premium in addition to the monthly Part B premium.</p>	<p>Yes</p> <p>Many charge a premium in addition to the monthly Part B premium.</p>	<p>Yes</p> <p>Many charge a premium in addition to the monthly Part B premium.</p>	<p>No</p> <p>No separate monthly premium, but you must continue to pay your monthly Part B premium.</p>
<p>Drugs</p> <p>Does the plan offer Medicare drug coverage (Part D)?</p>	<p>Usually</p> <p>If you want drug coverage, you have to join an HMO that offers it. You can't get a separate Medicare drug plan.</p>	<p>Usually</p> <p>If you want drug coverage, you have to join a PPO that offers it. You can't get a separate Medicare drug plan.</p>	<p>Sometimes</p> <p>Drugs may be covered. If you join a PFFS Plan that doesn't offer drug coverage, you can get a separate Medicare drug plan.</p>	<p>Yes</p> <p>All SNPs must offer Medicare drug coverage (Part D).</p>	<p>No</p> <p>If you join a MSA Plan and want Medicare drug coverage, you'll have to join a separate Medicare drug plan.</p>
<p>Primary Care</p> <p>Do I need to choose a primary care doctor?</p>	<p>Usually</p>	<p>No</p>	<p>No</p>	<p>Sometimes</p> <p>Some SNPs require you to choose a primary care doctor and others don't.</p>	<p>No</p>

Questions	HMO Health Maintenance Organizations	PPO Preferred Provider Organizations	PFFS Private Fee-for-Service Plans	SNP Special Needs Plans	MSA Medical Savings Accounts
Providers Can I use any doctor or hospital that accepts Medicare for covered services?	Sometimes You generally must get your care and services from providers and facilities in the plan's network (except emergency or urgent care, or out-of-area dialysis). In an HMO Point-of-Service (HMOPOS) Plan, you may be able to get some services out of network but you usually pay more.	Yes Each plan has a network of doctors, hospitals, and other providers that you may go to. You may also go out of the plan's provider network, but you may pay more.	Yes You can go to any Medicare-approved provider or facility that accepts the plan's payment terms and agrees to treat you. If the plan has a network, you can use any providers in the network. If you go to an out-of-network provider that accepts the plan's terms, you may pay more.	Sometimes If your SNP is an HMO, you generally must get your care and services from doctors or hospitals in the SNP's network (except emergency or urgent care, or out-of-area dialysis). However, if your SNP is a PPO, you can get Medicare-covered services out of network.	Yes MSA Plans generally don't have network providers. You can go to any Medicare-approved provider or facility that agrees to treat you and hasn't opted out of Medicare for services Original Medicare covers.
Referrals Do I need a referral from my doctor to use a specialist?	Yes	No	No	Sometimes If the SNP is an HMO, you generally need a referral. If the SNP is a PPO, you don't need a referral.	No

Note: If you have a Medicare Advantage Plan, you'll typically need prior authorization from your plan before it covers certain services or supplies. Contact the plan if you have questions about coverage.



Section 4:

More Information

Where can I get more information?

Medicare Advantage Plans

Contact the plans you're interested in for detailed information about their costs and coverage.

Find a Medicare plan

Visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) to shop and compare Medicare Advantage and other Medicare plans that meet your needs. You can also enter your drugs and pharmacies to get more accurate costs for plans in your area.

SHIPs (State Health Insurance Assistance Programs)

SHIPs are state programs that get money from the federal government to give local health insurance counseling to people with Medicare at no cost. SHIPs aren't connected to any insurance company or health plan. SHIP volunteers can help you with these Medicare questions or concerns:

- Your Medicare rights
- Complaints about your medical care or treatment
- Billing problems
- Plan choices
- How Medicare works with other insurance
- Finding help paying for health care costs

You can find the phone number for your state's SHIP by visiting shiphelp.org or calling 1-800-MEDICARE. (1-800-633-4277). TTY users can call 1-877-486-2048.

1-800-MEDICARE

Call 1-800-MEDICARE to get help with specific questions about billing, claims, medical records, expenses, and more.

CMS Accessible Communications

Medicare provides free auxiliary aids and services, including information in accessible formats like braille, large print, data/audio files, relay services and TTY communications. If you request information in an accessible format, you won't be disadvantaged by any additional time necessary to provide it. This means you'll get extra time to take any action if there's a delay in fulfilling your request.

To request Medicare or Marketplace information in an accessible format you can:

1. Call us: For Medicare: 1-800-MEDICARE (1-800-633-4227)

TTY: 1-877-486-2048

For Marketplace: 1-800-318-2596 TTY: 1-855-889-4325

2. Email us: altformatrequest@cms.hhs.gov

3. Send us a letter:

Centers for Medicare & Medicaid Services

Offices of Hearings and Inquiries (OHI)

7500 Security Boulevard, Mail Stop DO-01-20

Baltimore, MD 21244-1850

Attn: Customer Accessibility Resource Staff (CARS)

Your request should include your name, phone number, type of information you need (if known), and the mailing address where we should send the materials. We may contact you for additional information.

Note: If you're enrolled in a Medicare Advantage Plan or Medicare drug plan, contact your plan to request its information in an accessible format. For Medicaid, contact your state or local Medicaid office.

Nondiscrimination Notice

The Centers for Medicare & Medicaid Services (CMS) doesn't exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, color, national origin, disability, sex, or age in admission to, participation in, or receipt of the services and benefits under any of its programs and activities, whether carried out by CMS directly or through a contractor or any other entity with which CMS arranges to carry out its programs and activities.

You can contact CMS in any of the ways included in this notice if you have any concerns about getting information in a format that you can use.

You may also file a complaint if you think you've been subjected to discrimination in a CMS program or activity, including experiencing issues with getting information in an accessible format from any Medicare Advantage Plan, Medicare drug plan, state or local Medicaid office, or Marketplace Qualified Health Plans. There are three ways to file a complaint with the U.S. Department of Health & Human Services, Office for Civil Rights:

1. Online:

[HHS.gov/civil-rights/filing-a-complaint/complaint-process/index.html](https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html)

2. By phone:

Call 1-800-368-1019. TTY users can call 1-800-537-7697.

3. In writing: Send information about your complaint to:

Office for Civil Rights
U.S. Department of Health & Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

**U.S. Department of Health and Human Services
Centers for Medicare & Medicaid Services**

7500 Security Blvd.
Baltimore, MD 21244-1850

Official Business
Penalty for Private Use, \$300

Need a copy of this booklet in Spanish?

To get a free copy of this booklet in Spanish, visit Medicare.gov or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Esta publicación está disponible en español. Para obtener una copia gratis, visite es.Medicare.gov o llame al 1-800-MEDICARE.



Medicare

The information in this booklet describes the Medicare Program at the time this booklet was printed. Changes may occur after printing. Visit **Medicare.gov**, or call 1-800-MEDICARE (1-800-633-4227) to get the most current information. TTY users can call 1-877-486-2048. "Understanding Medicare Advantage Plans" isn't a legal document. Official Medicare Program legal guidance is contained in the relevant statutes, regulations, and rulings.

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