

stay protected:

GET A FLU SHOT



Visit

[CDC.gov/flu](https://www.cdc.gov/flu)

for more information on
preferred flu vaccines

Each year thousands of people get sick with the flu. You can get the flu from patients, coworkers, and other people you care for. It's important for front-line workers like you to keep yourself and others safe.

This year, take the time to talk to patients about flu vaccines.

People 65 and older can get 1 of these 3 preferred flu shots if available:

- Fluzone High-Dose Quadrivalent
- Flublok Quadrivalent
- Fludac Quadrivalent

Getting a preferred vaccine is usually more effective than the standard vaccine. Medicare Part B (Medical Insurance) covers one flu shot per flu season.

To prevent the flu:

- Wash your hands
- Avoid touching your eyes, nose, and mouth
- Stay home when you're sick
- Clean surfaces you touch often

When more people get the flu shot, more people are protected from the flu. Your health and the health of the people you serve is important.



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