

STAY PROTECTED – GET A FLU SHOT

Every year thousands of people are affected by the flu. You can get the flu from patients, coworkers, and other people you care for. It's important for front-line workers like you to take all preventive measures to keep yourself and others safe.

To prevent the flu:

- ✓ Get your flu shot.
- ✓ Cover your cough and sneezes.
- ✓ Wash your hands.
- ✓ Wear a mask.

If more people get the flu shot, more people could be protected from the flu. Your health and the health of the people you serve is important to us.

Visit [cdc.gov/flu](https://www.cdc.gov/flu) for more ways to fight the flu.

