Medicare & You

To Someone Special...

U.S. Department of Health and Human Services
Centers for Medicare & Medicaid Services
1-800-MEDICARE
www.cms.hhs.gov

a Bouquet of Good Health from Medicare

Medicare's preventive services and prescription drug coverage is the prescription you need for good health and independence.

Talk to your doctor to find out what tests and/or screenings you need to stay healthy.

Newly Covered Preventive Services

Additional Covered Preventive Services

- Breast and Cervical Cancer Screenings
- Colorectal Cancer Screenings
- Shots—Flu, Pneumococcal and Hepatitis B
- Bone Mass Measurements
- Managing Your Diabetes

- Welcome to Medicare Physical Exam
- Cardiovascular Screening
- Diabetes Screening
- Smoking Cessation Counseling

For more information call 1-800-MEDICARE or visit www.medicare.gov

MEDICARE
Keeping You Healthy

new prescription drug coverage beginning January 1, 2006 • new prescription drug coverage beginning January 1, 2006

Beginning January 1, 2006, Medicare will offer Prescription Drug Coverage

- Drug coverage will be available to everyone with Medicare
- There will be extra help for those who need it most
- There will be a choice of at least two drug plans
- All plans will include brand name and generic drugs

New Prescription Drug Coverage

It is important for you to take your medicine on time and the right way

Please call
1-800-MEDICARE
or visit
www.medicare.gov
for more information

My Doctors and Pharmacist

If you see more than one doctor, it's important that they know who else is treating you and what they are treating you for.

Name of My Primary Care Physician✿	Phone Number

In addition to my primary care physician, I am also being treated by:

Name of Physician	Phone Number	I am being treated for:

Name of My Pharmacist
Phone Number

✿ Your primary care physician is the one who monitors your overall health.

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My Medicine Record

Here's a handy record of your medications.

Name of My Medicine	What Do I Use it For?	How Much Do I Take?	When Do I Take It?	When Did Start/ Stop Taking It?
Calcium	Bones	600 mg	Twice a day with meals	01/01/05 03/30/05

Keep this with you and show it to your doctors, pharmacist or nurse.